
plan name

EXPEDITED PAYMENT FORM

[Attach to the distribution or withdrawal form if payment of plan benefit will occur within 30 days after the participant receives his/her payment form.]

The participant must complete this form to waive the requirement that the benefit payment from the Plan be delayed for at least 30 days after the participant receives the information and paperwork relating to the distribution or withdrawal.

Notice to Participant

You have been provided with forms to complete and information relating to the distribution of benefits to you from the Plan. IRS rules generally require that the Plan delay the distribution or withdrawal until at least 30 days have elapsed after you have received these papers. The 30 day rule is intended to give you sufficient time to weigh your payment options. However, you may waive the 30 day period and receive your distribution sooner by completing the **Participant Waiver and Election** below. Before completing such waiver, please carefully note the following:

- X Under the law you have the right to consider your payment elections for at least 30 days. You can take at least 30 days to make your payment decisions, and nobody can force you to receive payment sooner.

- X The payment elections you must consider include whether: (a) you want to elect a direct rollover of your payment to another plan or IRA, or (b) you will have 20% withheld from the payment for income tax purposes. Please consider this matter carefully and consult with your tax advisor.

Participant Waiver and Election

I, _____ (*print or type your name*) have read the **Notice to Participant** above. I understand that I have the opportunity to consider my payment options, including whether to elect a direct rollover, for at least 30 days after I am provided with the distribution forms and information. Because I desire to receive payment of my benefits before this period ends, I voluntarily elect to waive my right to delay payment for 30 days. Instead, I request that the Plan make the payment to me as soon as administratively possible.

Participant's Signature

Date